## **TEA MENU**

Teas are served in a 24-ounce pot [good for 1-4 people], 12-ounce mug, or 16-ounce to-go cup and are sold (as dry leaf) by the ounce for home steeping. [og]: organic, [ft]: fair trade,

[rs]: re-steep-able option for +\$3; must be ordered at time of purchase.

### white teas

White teas are tea in its purest form. These delicate teas are not oxidized and are naturally low in caffeine.

pot: 9 mug: 5.50 to-go: 6 leaf: 7/oz Silver Peony [og]

Down-covered bud and leaf combination producing a sweet, slightly nutty liquor, reminiscent of toasted nuts and apricots

Longevity Eyebrow /Shou Mei

Naturally withered upper leaf and tips, with a rich fruity flavor reminiscent of lighter oolong teas

Clouds and Mist / Mao Feng [og]

A light and crisp tea, full of subtlety and wonder, with flavors as elusive as its name.

pot: 11 mug: 6.50 to-go: 7 leaf: 9/oz Silver Needle[og]

Sweet and aromatic tea with notes of roasted chestnut and honeysuckle. Made from the newly sprouted silvery buds of the tea plant.

## chinese green teas

These teas are pan-fired to halt their oxidation, sealing in nutritious goodness: distinct, delicious, and healthy.

pot: 9 mug: 5.50 to-go: 6 leaf: 7/oz Ancient Forest Green [og]

A rare tea from the old growth tea forests of Jing Mai. Honey flavored with a subtle licorice aftertaste.

pot: 11 mug: 6.50 to-go: 7 leaf: 9/oz Jasmine Pearls [og]

Premium spring tea tips, rolled into a tight pearl shape and naturally scented with fresh jasmine blossoms.

Dragon Well/ Long Jing

This broad, sword-shaped leaf brews a nutty cup with characteristic robustness.



## japanese green teas

These tea leaves are steamed rather than fired to stop oxidation, creating teas that are refreshing and truly Japanese.

pot: 9 mug: 5.50 to-go: 6 leaf: 7/oz Genmaicha [og]

A quality Sencha blended with pan-roasted brown rice.

### Hojicha [og]

Toasted green tea that brews a warm and soothing liquor; a good choice to complement any meal.

#### **House Sencha**

Traditional tea with tightly furled, needle-shaped leaves and a taste somewhat reminiscent of the sea.

#### GenmaiMatcha

Matcha powder blended with sencha and panroasted brown rice. Full bodied and energizing!

pot: 14 mug: 8 to-go: 8.50 leaf: 12/oz Tenko Sencha [rs+\$3]

Flavorful premium blend of first flush sencha. Buttery and rich with sweet notes of umami

**House Select [mkt price] [rs+\$3]** 

A varietal offering of high grade Japanese leaf tea.

Matcha Served in a bowl 12

[sold by the gram: Isuzu: 0.75 Byakuren: .50] Foamy and frothy, this very special powdered green tea is hand whisked, served in a traditional chawan [tea bowl]and accompanied by a sweet.

## red teas

The following three teas from Southern China are fully oxidized with assertive characteristics and significant amounts of caffeine.

pot: 10 mug: 6 to-go: 6.50 leaf: 8/oz Golden Monkey [og]

This bright and flavorful tea has an amber liquor with a hint of honey that will leave you buzzing like a bee

Tippy South Cloud [og]

Richly oxidized tea with a sweet aroma, roasted undertones and full bodied flavor

pot: 11 mug: 6.50 to-go: 7 leaf: 9/oz House select

A rotating sample of varieteas from the southwest province of China



## international blacks

Our strong and caffeinated blacks are complemented by their spectrum of unique flavors.

Pot: 9 mug: 5.50 to-go: 6 leaf: 6/oz Turkish Blend

A specialty blend of Ceylon teas which steeps to a bold, yet creamy-smooth cup with hints of vanilla.

#### Twisted Tea House Blend

A seasonal black tea blend by our eclectic Tea Staff.

Spider Leg Ceylon

This hand-rolled tea has a long and spindly leaf, complete with cedar notes in the taste

Flying Monkey

Highly caffeinated blend of Puerh, mate, and black tea. Wowzah!

pot: 10 mug: 6 to-go: 6.50 leaf: 8/oz Assam [varying house selection]

Traditional full-bodied Indian tea with smooth, malty nuances.

Darjeeling [varying house selection]

The champagne of black teas. Grown only in specific parts of India in specific parts of India and characterized by its muscatel flavor.

# aged teas

Aged teas are carefully preserved. Only through the passage of time do their flavors and aromas fully evolve.

Pot: 9 mug: 5.50 to-go: 6 leaf: 7/oz Topaz Puerh [og][rs +\$3]

A well-balanced, dark and earthy, loose-leaf puerh with a smooth, earthy finish.

Golden Puerh [rs +\$3]

Refined small leafed puerh with golden leaves, rich and earthy with a light and lingering finish **Puerh Tuo Cha / Bird's Nest [og] (pot only)** Smaller, mini-cakes of puerh. These little cakes are shaped like a bird's nest and individually

smaller, mini-cakes of puerh. These little cake are shaped like a bird's nest and individually wrapped. We put the whole nest in the pot!

House Select [mkt price] [rs+\$3]

A rotating selection of specialty puerh treats.

# blossoming teas

A beautiful visual presentation of flowering tea, served in a glass teapot over a flame.

Pot: 12 leaf: 3/blossom



Drink your tea slowly and reverently, as if it is the axis on which the whole earth revolves - slowly, evenly, without rushing towards the future.

Thich Nat Hahn

# oolong teas

These semi-oxidized teas span the distance between greens and blacks, offering magical tastes that can really get your qi flowing.

pot: 11 mug: 6.50 to-go: 7 leaf: 9/oz Monkey Picked Ti Guan Yin[rs+\$3]

Made from the delicate leaves of higher elevations. Aromas of roasted nuts, ripe peaches and gardenias, in a liquor that is surprisingly light and sweet.

Black Dragon[rs+\$3]

Highly oxidized anxi style oolong with a toasted aroma and a sweet, strong grain aftertaste

Bai Hao [og][rs+\$3]

Fruity, with hints of peach. Very smooth, thick, honey texture and lightly fermented, woody aroma

Formosa High Mountain Style [rs+\$3]

A tightly-rolled green oolong from the mountain peaks of Taiwan, this high-grade tea has a mild, smooth, floral taste, and a lingering orchid bouquet

Bao Zhong [rs+\$3]

Lightly oxidized, yet complex oolong. Smooth, buttery and toasty, with a delicious floral aroma

**House Select[mkt price] [rs+\$3]** 

A seasonal, quality oolong picked for your drinking pleasure.

# house special teas

pot: 10 mug: 6 to-go: 6.50 leaf: 8/oz Moroccan Mint [og]

Gunpowder green tea with organic peppermint and sugar.

High Atlas Sage [og]

A popular drink of the High Atlas Mountains, with gunpowder tea, sage leaf, and sugar.

**Dreams of Beirut [spicy]** 

Sweetened black tea spiced with cloves, mint, and pepper.

Masala Chai [spicy] to-go: 12oz 6/16oz 6.5

Our signature traditional recipe of strong Indian black tea. Made daily with fresh ground spices, whole milk, and sugar.

Matcha Cooler [160z glass or to-go cup: 6.25] Powdered green tea shaken, not stirred, sweetened with agave, and poured over ice. Add rosewater +\$1

Iced Teas [of the day] [glass: 5.25+in-house refill]
Daily iced herbal and caffeinated options.

**Iced Chai** [glass or to-go cup: 6] Our handmade house chai; just chillin'. (Has dairy)

Custom Iced Tea [mug price+\$1 per glass]

### scented teas

mug: 6 to-go: 6.50 leaf: 7/oz pot: 10

\*Sage Lavender White \*Savannah Sunrise \*Lychee Black

\*Earl Grey (og)

\*Ginger Peach

\*Black Rose

Made predominantly with organic herbs. pot:  $1\overline{0}$ mug: 6 to-go: 6.50 leaf: 8/oz \* Lapsang Souchong

**Soul Soother** 

A blend of herbs to ease your mind and sooth your soul. Lavender, chamomile, motherwort, passionflower, damiana, gotu kola, and kava kava.

**Purifying Tonic [Bloodbath]** 

herbal remedies (og)

Tasty purifying tea with blood cleansing qualities. Dandelion, fenugreek, red clover, licorice, pau d'arco, hibiscus, lemon, and fresh ginger.

#### La Femme

Herbal formula for hormonal balance and health. Raspberry, pau d'arco, nettles, lavender, damiana, wild yam, dandelion, cinnamon, and fresh ginger.

#### Fever Flu

A medicinal tonic for strengthening the immune system. Chrysanthemum, nettles, licorice, elderberry, echinacea, chamomile, and fresh ginger.

### High C

*Get your daily dose of Vitamin C in a tasty tea.* Rosehips, lemongrass, hibiscus, orange peel, and peppermint leaf.

### **Iron Lung**

An herbal tea for respiratory health and vitality. Red clover, nettles, elderberry, licorice, sassafras, and fresh ginger.

### Mamma's Helper

Herbs for nutritional and emotional balance during and vost-childbirth.

Nettles, peppermint, raspberry leaf, lemon balm, chamomile.

## Tummy Tea

A soothing blend of digestive aids.

Chamomile, peppermint, sage, wild yam, fresh ginger.

#### **Brain Wave**

Awaken your mind naturally with this stimulating tea. Peppermint, sage, gotu kola, fenugreek, lavender, and rosemary.

#### **Tenacious Tea**

*Nutritive, anti-inflammatory blend for muscle recovery* Nettles, turmeric, hibiscus, licorice, black pepper and fresh ginger

#### Herbal Chai

Spicy herbal revitalizer!

Dandelion and Chicory roots, wild yam, cinnamon, black pepper, clove and fresh ginger



## herbal infusions

Naturally healthful and delicious mug: 5.50 to-go: 6 leaf: 7/oz

Roasted Barley (boricha) (contains gluten)

Nutty, nutritional tea with natural antioxidants

Purple Tulsi [holy basil] [og]

Full of antioxidants, this natural stress reliever offers increased energy and a boost to your immune system

Rooibos [og] A wonder herbal, high in vitamins, minerals, and antioxidants.

Cocoa Rooibos [og]

Rooibos tea combined with cocoa nibs. Dark and chocolaty!

Vanilla Honey Bush [og]

A sweet herbal tea from South Africa infused with vanilla

**Rooibos Chai** 

Rich, spicy, and caffeine free!

leaf: 9/oz mug: 6 to-go: 6.50 pot: 10 Kava-Kava [og]

Herbal sedative from the South Pacific

# yerba mate

A nutritious stimulant, this tea is South America's answer to coffee.

to-go: 6 leaf: 6/oz Pot: 9 mug: 5.50 Yerba Mate [og][rs]

Green mate as it is traditionally served.

Roasted Mate Blend [Better than Coffee]

A richly flavored blend of roasted mate, barley, chicory and dandelion root. (contains gluten)

